



Science of Ayurveda

Harnessing the power of authentic Ayurveda to meet the demands of modern life.

Purely Yours was started with a vision – to empower lives by transforming the health and wellness of people through solutions centered on authentic Ayurveda.

Ayurveda – a holistic system of medicine that has been practiced for thousands of years in India, emphasizes the importance of balancing the mind, body, and spirit in order to achieve optimal health. Purely Yours was founded with the passion and purpose to channel the power of this 5000-year-old science and share its benefits with the world.

What we do?

We have culminated over three decades of expertise of our Ayurveda doctors with the age-old vedic principles – to deliver health and wellness solutions that are pure, authentic, to meet your unique needs.

How we do it?



Our Formulations

We offer doctor-backed, polyherbal formulations based on the ancient science of Ayurveda that promise efficacy and precision.



Our Ingredients

Our ingredients are clinically proven and certified organic – to ensure maximum purity and potency.

Join the journey to wellness and experience the power of Ayurveda with Purely Yours.

Our products are created from the purest herbs and rarest essences distilled from nature, by utilizing modern science and traditional knowledge and are formulated and perfected by doctors to deliver noticeable and defining results.

Why Choose Organic?

What you shop, eat, and are surrounded by are all important when considering “Why Organic”.

Choosing organic doesn’t only mean that you are creating a healthier lifestyle for you and your family, but also for the environment we all live in!

ORGANIC is worth it for everyone.

Here is why we choose organic ingredients in all our products –

Better Bioavailability = Better absorption of nutrients

Higher % of antioxidants = More nutrients & vitamins

No herbicides & pesticides = Reduced toxins

Non-GMO, No unnatural hormone disrupters = Safer for you

Cleaner air soil and water = Good for the environment





JOINT CARE

In Ayurveda, the health of joints and bones is believed to be closely tied to the balance of the three doshas: Vata, Pitta, and Kapha.

Our range of joint care products offers ways to promote the health of joints and strengthen them from within by balancing the doshas or bodily constituents.

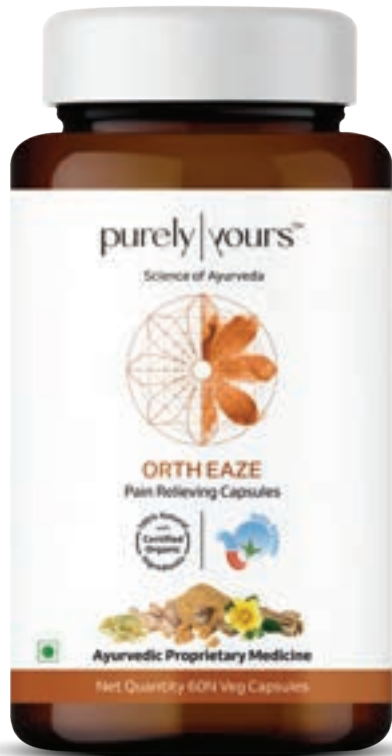
With powerful herbs that synergistically work to protect, nourish, and lubricate your joints and promote flexibility and mobility along with keeping your muscles and bones optimally healthy and robust.

Orth Eaze

Pain Relieving
Capsules

Ortho Strength

Bone and Joint Support
Capsules



How does it help you?

An Ayurveda-based blend of rejuvenating herbs widely known for their analgesic and anti-inflammatory action that help provide relief from pain and inflammation, and nourish the muscles and joints to improve mobility.

Key Ingredients

Ashwagandha, Bala, Atibala, Shunti, Rasna, Shallaki, Guggulu.

How does it help you?

An Ayurveda-based formulation enriched with a blend of herbs that help in strengthening bones, joints, and muscles. Infused with herbs like Boswellia and Hadjod that are known to help in alleviating pain and inflammation, thereby nourishing the overall musculoskeletal system.

Key Ingredients

Salai guggul, Hadjod.



Flex Eaze

Joint Flexibility Enhancing Capsules



How does it help you?

An Ayurveda-based formulation fortified with potent herbs and botanicals that help in lubricating, protecting and repairing the joints and tissues, thereby providing long-lasting relief from pain, discomfort and stiffness, and improving the overall flexibility and mobility of joints.

Key Ingredients

Rasna, Erandamoola, Guduchi, Devadaru, Shunti.

Dhanwantaram Taila

Pain and Stiffness Relief Massage Oil



How does it help you?

This rejuvenating massage oil is a classical infusion of revered herbs with neuroprotective functions that help in preserving the natural functions of the nervous system by strengthening muscles, ligaments, tendons, and other tissues in the body.

Key Ingredients

Bala, Go Dugdha, Yava, Kola, Kulattha, Bilva, Agnimantha, Shyonaka.





SKINCARE

Ayurveda believes that our skin reflects the balance between our internal and external environment. Our range of pure, nature-based skin care formulations focuses on establishing and maintaining that balance.

Nurture, nourish, and heal your skin with our selection of doctor-formulated skin solutions designed to meet your unique needs.

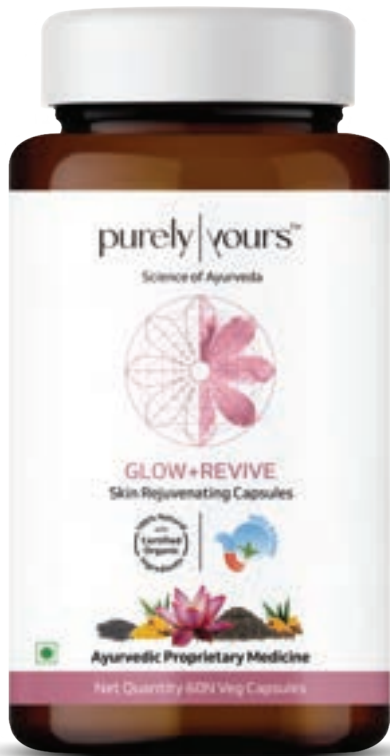
Formulated by combining certified organic Ayurveda-based herbs, our formulations ensure purity and potency and help in promoting healthy, glowing, youthful skin that reflects overall wellness.

Glow + Revive

Skin Rejuvenating Capsules

Luminance

Skin Illuminating and Glow Reviving Capsules



How does it help you?

An Ayurveda-based infusion of skin-nourishing herbs that are widely known to help in improving skin moisture, elasticity, and firmness. The antioxidant-rich natural extracts help in protecting the skin against free radical damage, thereby supporting even-toned, youthful, and radiant skin.

Key Ingredients

Bakuchi, Kamala, Haridra, Maricha.

How does it help you?

An Ayurveda-based formulation enriched with herbs and natural essences that help in nourishing and detoxifying your skin from within and help reduce pigmentation, dark spots and dark circles to reveal a radiant complexion and promote a healthy, spotless glow.

Key Ingredients

Vata, Ashwattha, Plaksha, Udumbara.



Acno Pure

Acne Control + Defence
Capsules

Vial of Youth

Age Defying
Capsules



How does it help you?

An Ayurveda-based infusion of revered herbs and natural extracts that are widely known to help in purifying the blood and balancing excess oil, thereby controlling acne and blemishes to promote healthy and clear skin.

Key Ingredients

Manjista, Lodhra, Twak.

How does it help you?

An Ayurveda-based formulation, fortified with nourishing herbs and botanicals that are widely known to assist in improving skin elasticity and collagen, promoting tissue regeneration and supporting a healthy cell turnover to help slow down the visible signs of aging for a youthful glow.

Key Ingredients

Shatavari, Mandukparni, Guduchi,
Punarnava.



Organic Glow Brew

Age Defence Herbal Teas



How does it help you?

The Glow Brew is an invigorating blend of Ayurveda-based herbs rich in polyphenols, antioxidants and flavonoids that help in nourishing your skin from within and promoting blood purification to restore youthfulness, revealing a radiant glow.

Key Ingredients

Yashtimadhu, Amalaki, Manjishtha, Sariva.



Organic Skin Puritea

Acne Defence & Skin Purifying Herbal Tea



How does it help you?

Skin Puritea is an Ayurveda-based infusion enriched with skin-nourishing herbs known for their cooling and purifying properties that help in controlling excess oil and providing relief from acne to promote a clear and radiant complexion.

Key Ingredients

Rose, Yashtimadhu, Ushira, Gambhari, Dhanyaka.



Kumkumadi

Illuminating Face
Elixir



How does it help you?

A miraculous, Ayurveda-based skin elixir enriched with precious herbs and natural essences that help improve skin radiance, hydration, reduce dark spots and defy the signs of aging to restore youthfulness and natural luminance of the skin.

Key Ingredients

Manjista, Lodhra, Twak.

Nalpamaradi

Glow Reviving
Face Elixir



How does it help you?

A restoring skin elixir nourished with Ayurveda based-herbs that help in brightening the skin, reversing sun-tanning and promoting healthy cell turnover to unveil a spotless glow.

Key Ingredients

Vata, Ashwattha, Plaksha, Udumbara,
Turmeric



Madhu Yashti

Intense Hydrating
Face Elixir



How does it help you?

A replenishing fusion of nourishing herbs and natural extracts with soothing properties that provide deep hydration and help in controlling acne, blemishes and scars, rendering your skin with an unmatched luster and natural glow.

Key Ingredients

Manjista, Lodhra, Twak.

ELADI

Purifying Face Elixir



How does it help you?

A rejuvenating, Ayurveda-based skin elixir, fortified with time-tested herbs that help cleanse and detoxify the skin and controls acne to restore skin balance, improve skin texture and reveal a clean, clear and radiant complexion.

Key Ingredients

Cardamom, Kushtha, Saffron,
Phalini, Cinnamon.





MEN'S SEXUAL WELLNESS

The concept of male sexual wellness has an important place in Ayurveda as sex is considered one of the seven Dhatus or tissues recognized by the tradition.

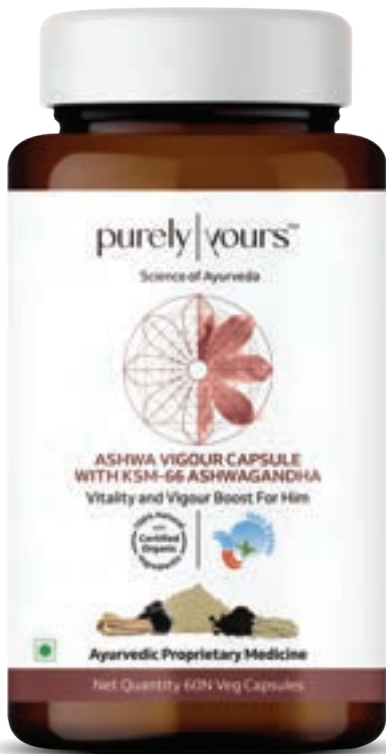
Utilizing the wisdom of the ancient texts of Ayurveda along with the purity of certified organic herbs, our range of male sexual wellness products is formulated by expert Ayurveda doctors to tackle the imbalances that may lead to sexual dysfunctions, along with offering transformative benefits to enhance stamina, vigor, virility, and performance – to energize and reform your sexual health holistically.

Ashwa Vigour Capsule with KSM-66 Ashwagandha

Vitality and Vigour
Boost For Him

Poten C Plus

Stamina Enhancing
Capsules



How does it help you?

An Ayurveda-based formulation for men, packed with a mix of energising herbs and minerals that are widely known to help in fuelling strength and stamina and promoting healthy libido, thereby enhancing endurance, potency, and overall performance.

Key Ingredients

Shilajathu, Ashwagandha, Shwetha musli.

How does it help you?

An Ayurveda-based blend of revitalizing herbs that help in maintaining healthy testosterone levels in men, thereby enhancing stamina, sexual performance, vitality and endurance to promote optimal sexual health and wellness.

Key Ingredients

Ginseng, Maca, Ashwagandha, Gokshura, Jatiphala, Kapikacchu beeja.

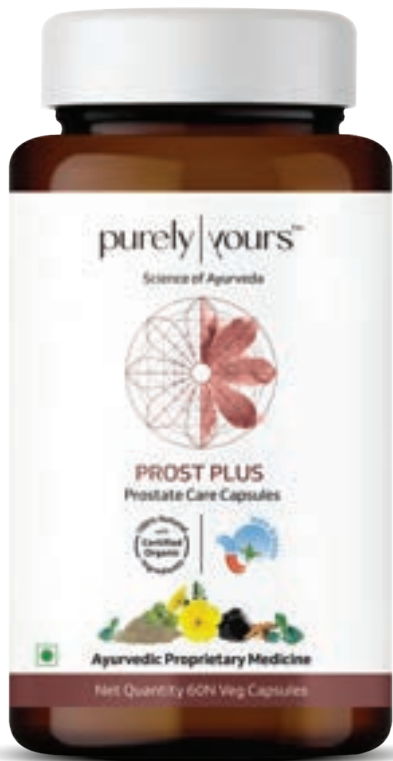


Prost Plus

Prostate Care
Capsules

Ashwa Musli Power Max with KSM-66 Ashwagandha

Vitality and Vigour Boost



How does it help you?

An Ayurveda-based formulation enriched with a unique combination of herbs and minerals that help in normalizing the size of the enlarged prostate and managing recurring urinary tract infections to support optimal prostate health and ease urinary problems associated with it.

Key Ingredients

Vanga Bhasm, Shilajathu, Varuna,
Gokshura, Punarnava.

How does it help you?

Power Boosting Formula for Vigor and Vitality
Promote muscle strength, size, recovery
Increase sperm count & motility
Maintain healthy testosterone in men

Key Ingredients

KSM 66 Ashwagandha, Safed Musli,
Shatavari, Gokshura .





WOMEN'S SEXUAL WELLNESS

Sexual wellness is given immense importance in Ayurveda since it improves the overall well-being of a woman in every way - physical and psychological.

Ayurveda specifically addresses sexual dysfunctions among men and women alike. We have culminated the principles of this ancient wisdom into formulations that restore balance and harmony in your sexual health in our Female Sexual Wellness products.

Formulated by doctors, our products are made with clinically proven, certified organic herbs that work in synergy to address sexual and reproductive imbalances and promote optimal sexual, menstrual, and reproductive wellness.

Floveda

Menstrual Wellness
Capsules



How does it help you?

A perfect blend of Ayurveda-based herbs and botanicals that help regulate heavy menstrual flow, balance hormones, manage symptoms of PMS and normalize prolonged menstrual cycles, thereby promoting optimal menstrual health.

Key Ingredients

Ashoka, Lodhra, Babbula, Amragandhi Haridra, Lajjalu, Rasanjana, Avarthaki, Kumari Aloe vera.

Femverve

Vitality and Vigour
Boost For Her



How does it help you?

An Ayurveda-based formulation for women, packed with nourishing herbs that are widely known to help in recharging reproductive and sexual wellness by improving stamina, vitality and energy levels. The vitalizing herbs also help in restoring hormonal balance and improving menstrual health to support vitality.

Key Ingredients

Shatavari, Gokshura, Methi.



Femme Balance

White Discharge Management Capsules



How does it help you?

An Ayurveda-based formulation enriched with revered herbs and botanicals that aid in managing abnormal white discharge or leucorrhoea by targeting both bacterial and fungal infections, along with restoring vaginal pH and providing relief from itching, odor and burning sensation to maintain optimal vaginal health.

Key Ingredients

Lodhra, Dhataki, Daruharidra, Patha, Musta, Vanga Bhasma.

Organic Ova Calm

Period Care Herbal Tea



How does it help you?

Organic Ova Calm is a soothing blend of Ayurveda-based herbs that help regulate period cycles, manage symptoms of PCOD, ease menstrual cramps, balance hormones, and support overall menstrual wellness, naturally. Sip the goodness of herbs to embrace the natural rhythm of your body with ease and comfort.

Key Ingredients

Vruskhamla, Shatavari, Organic Jeeraka, Ajamoda, Gokshura.





GUT CARE

Your gut is the foundation of your health.

It aids in the digestion of the foods and helps in the absorption and assimilation of nutrients that help in providing vital energy to your body.

Improve Gut Health Naturally - The Ayurveda Way. Our range of gut care products is formulated by expert Ayurveda doctors, using organic herbs and clinically proven ingredients that help in relieving digestive disorders including indigestion, hyperacidity, bloating, constipation, and IBS, thereby, revitalizing your overall gut health.

Pro Liver+

Liver Care Capsules

Colon Eaze

Bowel and IBS Care Capsules



How does it help you?

An Ayurveda-based formulation that combines time-tested herbs that are widely known to assist in managing fatty liver, regenerating healthy liver cells and promoting detoxification to support optimal liver function and overall health.

Key Ingredients

Punarnava, Haritaki, Devadaru, Guduchi.

How does it help you?

A fortifying blend of Ayurveda-based herbs and certified botanicals that are widely trusted to help normalize stool consistency, regulate bowel movements, and reduce bloating and complete colon care to relieve the stress linked with irritable bowel syndrome.

Key Ingredients

Shunti, Musta, Atvisha, Guduchi, Tagara.



NutraGut

Metabolism and Digestion
Boost Capsules



How does it help you?

An Ayurveda-based blend of revitalizing herbs that have cooling and soothing effect of and helps in managing acidity and promoting detoxification, thereby supporting optimal gut and gastrointestinal health.

Key Ingredients

Harad, Baheda, Amla.

Reflux Eaze

Acid Neutralizing
Capsules



How does it help you?

A calming and cooling blend of Ayurveda-based herbs and natural extracts that assist in neutralizing excessive acid in the stomach and providing relief from digestive impairments that lead to acidity and acid reflux.

Key Ingredients

Pravala Pishti, Akika Pishti, Muktha Pishti, Guduchi.



Organic Digestea Brew

Digestion Aid Herbal Tea



How does it help you?

A cupful of holistic care - Digestea Brew is an Ayurveda-based infusion of revered herbs that help in boosting digestion and promoting better assimilation of nutrients, along with supporting a healthy immune system to promote overall well-being.

Key Ingredients

Amalaki, Shunthi, Musta, Guduchi.



Kooshmanda Avalehya

Gut Health and Cognitive Wellness



How does it help you?

Kooshmanada Rasayana is a rejuvenating tonic made with Ayurveda-based herbs, widely known to help in relieving gut and digestive disorders, improving appetite and cognitive functions to promote overall strength and vitality.





IMMUNITY

Immunity Boosting, a concept of Ayurveda that was forgotten and lost over generations has now become the need of the hour.

We have brought together the benefits of clinically proven, certified organic herbs in potent formulations curated by expert Ayurveda doctors in our range of immunity enhancers.

Explore natural, ayurveda-based products that work efficiently to revitalize your Ojas(underlying strength) and enhance your ability to fight against diseases by restoring balance in your constitution.

Immune Elixir

Immunity Charging
Capsules

Breeaze

Respiratory and Congestion
Relief Capsules



How does it help you?

A unique blend of Ayurveda-based herbs with excellent antioxidant and immunomodulatory properties that help in strengthening the immune system and enhancing the body's resistance against various viruses, infections and diseases to promote optimal health and well-being.

Key Ingredients

Giloy, Amla, Haldi.

How does it help you?

An Ayurveda-based formulation that combines organic herbs and natural extracts that are widely trusted to help relieve chest congestion, support healthy lung function and provide protection against infections to promote easy, effortless breathing and a robust respiratory system.

Key Ingredients

Shati, Pushkaramoola, Amalaki.



Organic Immuno Brew

Immunity Boost Herbal Tea

Organic Puritea Brew

Daily Detox Herbal Tea



How does it help you?

Immuno brew is an Ayurveda-based infusion powered by two potent herbs—Amla and Moringa, that are widely known to help in strengthening the immune system and promoting vitality to support optimal health and well-being.

Key Ingredients

Amalaki, Shigru, Tulsi, Tvak.

How does it help you?

Organic Puritea Brew is a revitalizing blend of Ayurveda-based herbs rich in antioxidants and flavonoids that help flush out toxins, boost metabolism, and support your body's natural detoxification process to promote rejuvenation and overall well-being, from within.

Key Ingredients

Vrikshamla, Japa, Shunti, Amalaki.



Organic Breeze Brew

Respiratory Relief Herbal Tea

Anu Taila

For Respiratory Immunity and Wellness



How does it help you?

Organic Breeze Brew is a refreshing blend of Ayurveda-based aromatic herbs with antioxidant, expectorant and anti-inflammatory properties that help promote easy breathing and clear airways while nourishing your respiratory system and immunity, naturally.

Key Ingredients

Shunti, Tulsi, Lavang, Kali Mirch, Amla.

How does it help you?

This nasal oil is a classical infusion of time-honored herbs that help in providing relief from nasal congestion and respiratory issues including sinusitis and allergic rhinitis. It promotes healthy and lubricated nasal passage, enhances respiratory immunity and helps in nourishing all the sensory organs.



Chyawanprash

Immunity Booster and Youth Restoring



How does it help you?

An Ayurveda-based formulation that combines time-tested herbs that are widely known to assist in managing fatty liver, regenerating healthy liver cells and promoting detoxification to support optimal liver function and overall health.

Key Ingredients

Punarnava, Haritaki, Devadaru, Guduchi.





DIABETES CARE

Diabetes, a prevalent health condition impacting over 10% of the global adult population, is known as 'Madhumeha' in Ayurveda. Ayurveda emphasizes a holistic approach to well-being, focusing on personalized solutions that promote balanced blood sugar levels when it comes to addressing diabetes.

Discover Ayurveda's organic approach to balanced blood sugar levels and overall well-being with our range of Diabetes Care solutions.

Crafted with certified organic herbs, our formulations are designed by expert Ayurveda doctors to work in harmony with your body, addressing the root causes of diabetes while supporting your overall well-being.

Organic Suga-Shield

Diabetes Care Herbal Tea



How does it help you?

Organic Suga-Shield is an invigorating blend of Ayurveda-based herbs that offer a gentle and effective way to help balance high blood sugar levels and support a healthy metabolism, thereby promoting overall health and well-being for those living with diabetes. Brew a cup, sit back, and take a sip towards a healthier life.

Key Ingredients

Asana, Khadir, Arjun, Orange peel.



Gluco Defence

Sugar Care Capsules



How does it help you?

Organic Gluco Defence is an Ayurveda-based blend of time-tested herbs that support healthy blood sugar levels and offers holistic support for optimal glucose metabolism. Take control of your well-being and embrace a life of vitality by balancing sugar levels naturally.

Key Ingredients

Daruharidra, Saptachakra, Avartaki (Akuli), Amalaki.





MENTAL WELLNESS

Your mental health is an essential part of your well-being. It determines how you're able to cope with daily stresses, and operate psychologically, emotionally, and socially among others.

In Ayurveda, mental disorders like depression, anxiety, etc. are not stigmatized, but rather are categorized by their attributes as per the three doshas – Vata, Pitta, and Kapha to provide distinct treatment options.

We have culminated the ancient wisdom of Ayurveda in our range of Mental Wellness products that are crafted carefully by expert ayurveda doctors using clinically proven, certified organic herbs, to restore balance and maintain optimal mental well-being.

Sleep Fuel

Restful Sleep Capsules



How does it help you?

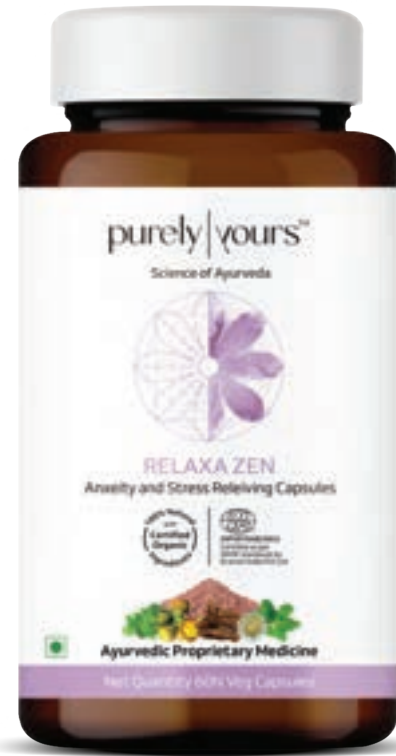
Organic Sleep Fuel is a comforting blend of Ayurveda-based herbs with Medhya and Vatahara properties that promote a healthy sleep cycle ensuring restful nights. Restore your body's circadian rhythm and wake up refreshed with Ayurveda's natural sleep support.

Key Ingredients

Shankhapushpi, Ashwagandha, Tagar, Organic Sarpagandha.

Relaxa Zen

Anxiety and Stress Relieving Capsules



How does it help you?

Organic Relaxa Zen is a calming blend of Ayurveda-based herbs with anxiolytic and neuroprotective effects designed to relieve anxiety and stress and promote optimal mental well-being. Discover inner peace and unlock a tranquil state of mind with Ayurveda's natural stress relief.

Key Ingredients

Organic Brahmi, Jatamansi, Tulsi, Bhringraj.



Organic Sleep Elixir

Restful Sleep
Herbal Tea

Ksheerabala Taila

Nervine Stimulant
Massage Oil



How does it help you?

Organic Sleep Elixir is an aromatic blend of Ayurveda-based herbs that help ease anxiety, reduce stress, and improve sleep quality to promote calmness and relaxation. Sip on a warm cup to support your body's natural sleep cycle and wake up feeling refreshed and rejuvenated.

Key Ingredients

Yashtimadhu, Chamomile, Shankapushpi, Jatamansi.

How does it help you?

This rejuvenating massage oil is a classical infusion of revered herbs that help strengthen joints and bones, relieve pain, repair damaged tissues and enhance the nervous system, thereby preventing neurological and musculoskeletal disorders caused due to vitiated Vata dosha. Its soothing properties calm the sense organs and promote sound sleep.

Key Ingredients

Bala, Ksheera, Tila taila.







HAIR CARE

Ayurveda has been trusted for centuries to promote healthy hair growth, shine, and thickness.

We serve the wisdom of this 5000-year-old science of life in our range of natural, organic, Ayurveda-based hair care solutions that have transformative benefits to restore and improve hair health not just on the surface but from within.

Revitalize and reform your hair with the goodness of Doctor formulated, Ayurveda-based solutions crafted to control hair fall, hair loss, premature graying, dandruff, and scalp disorders by targeting and treating the root cause, not just the symptoms.

Grow+Thrive

Hair Vitalizing Capsules

Mane Grow

Healthy Hairs Capsules For Him



How does it help you?

An Ayurveda-based blend of rejuvenating herbs and natural extracts that are widely known to help in preventing hair fall and improving blood circulation to the scalp, thereby stimulating healthy hair growth and volume.

Key Ingredients

Bhringraja, Organic Bhumyamalaki.

How does it help you?

A regenerative blend of Ayurveda-based herbs and natural extracts that assist in restoring hair growth, improving hair strength and managing hair loss in men by curbing nutritional inadequacies that lead to hair fall and follicle damage, thereby promoting a nourished scalp and healthy mane.

Key Ingredients

Meetha Neem, Yastimadhu, Vibhitaki, Tapioca, Methika, Kasisa Bhasma.

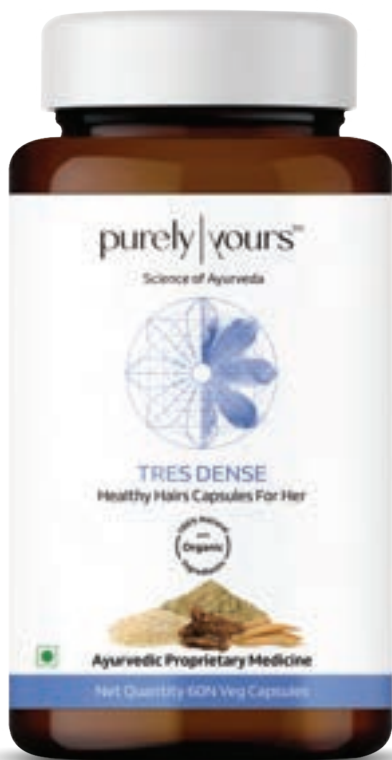


Tres Dense

Healthy Hairs Capsules For Her

Neelibhringadi Taila

For Hairfall and Damage Control



How does it help you?

A holistic, Ayurveda-based formulation vitalized with essential herbs that help in restoring hair nutrition, hair growth and strength by curbing nutritional inadequacies that lead to hair fall and follicle damage, thereby supporting long, strong and fuller hair.

Key Ingredients

Jatamansi, Shatavari, Til.

How does it help you?

This therapeutic hair oil is a classical infusion of revered herbs that help repair damaged hair and control hair fall by providing nourishment to the hair roots and strands thereby promoting healthy hair growth. The cooling action of the herbs helps to relieve migraine headaches, manage stress and promote sound sleep.

Key Ingredients

Neelini, Bhringaraja, Narikela Ksheera, Go-ksheera, Tila taila, Yastimadhu, Gunja, Daruhaldi.







WEIGHT MANAGEMENT

Maintaining a healthy weight is crucial for overall health and wellness.

The Ayurvedic approach to weight management focuses on balancing the three doshas or energies in the body, namely Vata, Pitta, and Kapha.

Our range of weight management solutions offers a holistic approach to restoring balance in your constitution by optimizing metabolism and promoting detoxification to establish a healthy weight.

Reach your fitness goals naturally with the benefits of clinically proven, certified organic herbs and doctor-curated formulations made to suit your unique needs.

Live Lean

Weight Management
Capsules



How does it help you?

An Ayurveda-based blend energized with Berberine and Garcinia - two wonder herbs that are widely known to help in accelerating metabolic function, curbing excessive appetite, and detoxifying the body, thereby supporting your fitness goals and promoting an active lifestyle.

Key Ingredients

Daruhaldi, Amlavetas.

W8 Gain

Weight Gain and
Balance Capsules



How does it help you?

An Ayurveda-based blend of Rasayana (Rejuvenative) and Brahmana (Bulk promotive) herbs that are widely known to help in improving digestion, boosting metabolism, and promoting appetite, along with building muscle mass and strength to support a healthy weight and a well-built physique.

Key Ingredients

Ashwagandha, Vidarikanda, Kapikacchu, Shatavari, Draksha.



Lean Life Organic Brew

Weight Management Herbal Tea



How does it help you?

Lean life is an Ayurveda-based infusion, enriched with the choicest herbs that help in boosting metabolism and curbing excessive appetite, to promote fitness and support natural weight management.

Key Ingredients

Vrikshamla, Green coffee, Green Tea.



SINGLE HERB CAPSULES

Discover the essence of holistic health through our range of single herb capsules, providing targeted solutions for a multitude of health concerns.

Meticulously crafted with potent herbal extracts, they guarantee optimal bioavailability of active constituents, ensuring swift and effective results.

Elevate your well-being naturally, as the wisdom of Ayurveda blends with the science of enhanced bioavailability in each capsule.

Licorice Extract

Improves respiratory
immunity

Swertia Chirata

Helps in regulating fever



How does it help you?

- Improves respiratory immunity
- Soothes the throat
- Reduces cough
- Reduces irritation in the stomach

How does it help you?

- Helps in regulating fever
- Helps improve appetite
- Help in maintaining liver health
- Improves Immunity



Tinospora Cordifolia

Supports immune system

Curcumin

Improves Immunity



How does it help you?

- Improves the body's resistance to infection
- Considered an effective immunomodulator
- Beneficial in fever and gastritis
- Helps body cope with stress
- Supports normal liver function

How does it help you?

- Improves immunity
- Helps regulate blood sugar levels
- Strengthens respiratory immunity
- Supports overall cellular health

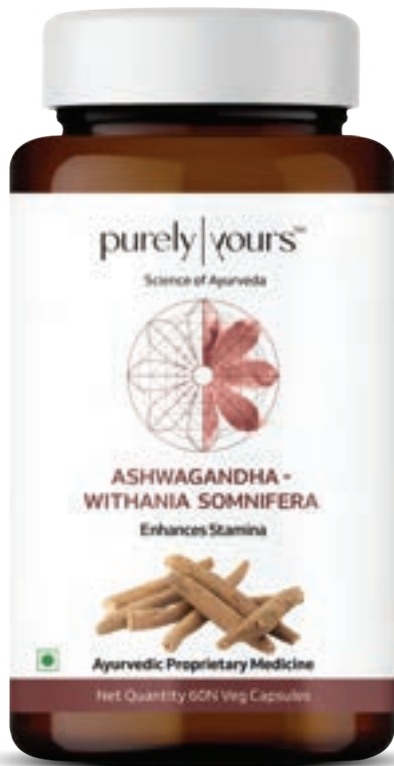


Ashwagandha - Withania Somnifera

Enhances Stamina

Shilajit

Boosts vitality in men



How does it help you?

- Enhances sexual vitality and reproductive health
- Promotes vitality, strength, and longevity
- Improves cognitive functions
- Calms nerves

How does it help you?

- Enhances performance
- Acts as a health rejuvenator
- Helps manage chronic fatigue
- Helps reduce triglyceride levels



Damiana Aphrodisiaca

Boosts libido



How does it help you?

Improves vitality and vigour in men
Boosts libido

Maca

Improve the Sexual Drive



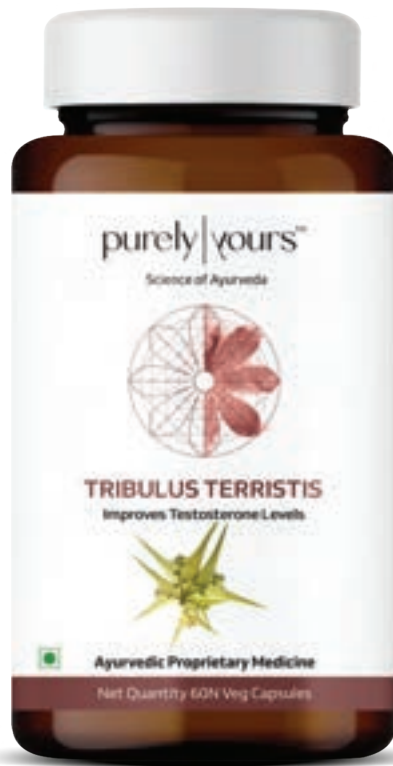
How does it help you?

Beneficial in erectile dysfunction in men
Improves energy levels
Helps in managing stress



Tribulus Terristis

Improves Testosterone Levels



How does it help you?

- Improves testosterone levels
- Enhances stamina
- Improves endurance



Coleus Forskoli

Boosts Metabolism

Fengureek

Weight Management Capsules



How does it help you?

- Helps in weight management
- Promotes good cardiac health
- Boosts metabolism

How does it help you?

- Maintains healthy blood glucose levels
- Reduces tiredness/fatigue
- Helps keep cholesterol levels under check
- Improves appetite



Guggul (Commiphora Mukul)

Enhances Thyroid Health



How does it help you?

- Help in managing food cravings at odd hours
- Can be beneficial in promoting thyroid function
- Helps in weight management
- Has anti-inflammatory action and helps reduce pain and swelling in joints
- Good for cardiac health



Gymnema sylvestre

Regulate Blood Sugar Levels

Bitter Gourd (Karela)

Maintains Blood Sugar Levels



How does it help you?

- Helps in reducing sugar cravings
- Helps in preventing diabetic complications
- Management of obesity by curbing hunger pangs
- Helps in improving the metabolism
- Known to help in purifying blood

How does it help you?

- Helps keep a check on urine sugar levels
- Acts as a blood purifier
- Improves the health of the pancreas
- Supports liver health
- Helps maintain triglyceride levels



Pterocarpus Marsupium

Regulates Blood Glucose Levels



Kundru

Improves Heart Health



How does it help you?

- Reduce the absorption of sugars
- Improve insulin levels by stimulating the beta cells
- Manage complications of diabetes
- Regulates tryglyceniide levels
- Beneficial in skin conditions because of blood purifying effect

How does it help you?

- Helps maintain blood glucose levels
- Supports metabolic health
- Improves the insulin sensitivity of cells
- Improves heart health



DGL Extract

Reduces Gastric Irritation

Andographics Paniculata

Promotes Liver Detoxification



How does it help you?

- Reduces gastric irritation
- Helps in healing gastric ulcers
- Supports gut microbiota
- Reduces heartburn
- Helps in managing Gastric reflux

How does it help you?

- Works effectively in detoxification of the liver
- Counteracts liver damage caused due to metabolic disturbances
- Boosts immunity
- Reduces inflammation
- known to exhibit anti-viral activity



Silybum Marianum

Enhances liver health

Picrorhiza Kurroa

Support liver health and promotes detoxification



How does it help you?

- Detoxifies liver
- Supports digestive health
- Stimulates the secretion of bile
- Helps in regulating the cholesterol levels
- Boosts metabolism

How does it help you?

- Known to improve appetite
- Help in indigestion
- Help relieve constipation
- Have immune boosting properties



Arjuna

Regulates Blood Pressure



How does it help you?

- Excellent cardio-protective herb
- Strengthens heart muscles
- Helps regulate Blood pressure
- Helps regulate cholesterol levels
- Improves blood circulation to the heart



Asparagus (Shatavari)

Supports Reproductive Health in Women



How does it help you?

- Boosts fertility
- Regulates the hormones
- Helps in improving lactation
- Helps manage irritability and other PMS symptoms



Boswellia AKBA

Soothes
Rheumatoid Arthritis

Boswellia Serrata

Improves Joint Mobility



How does it help you?

- Balances the immune system
- Reduces gastric irritation and prevents ulcerations
- Protects brain cells from damage
- Supports joint health

How does it help you?

- Helps reduce inflammation in the joints
- Lubricates the joints
- Reduces joint pain



Centella Asiatica

Enhances Memory

Bacopa Monnieri

Relieves Anxiety



How does it help you?

- Rejuvenating and cognitive-enhancing properties
- Helps with improving the memory
- Soothes the mind

How does it help you?

- Helps in relieving anxiety
- Has adaptogenic property
- Helps in improving sleep quality
- Helps maintain blood pressure
- Conductive for heart-health



Neem Leafh

Helps in Controlling Acne



How does it help you?

Helps in maintaining a clear and glowing skin
Also acts as a blood purifier



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